

OVEREATERS ANONYMOUS OF GREAT BRITAIN
(The National Service Board of OA in Great Britain)

BOARD MEETING MINUTES

Date: Saturday 12th April 2025

Time: 9 am

Venue: Zoom conference room

Attendees:

Hannah – Chair; Robbie – Comms Officer; Rebecca – Secretary; Ghislain – Literature Liaison; Sharon – minute taker.

Apologies:

Rachel

Agenda

1. Welcome

Hannah welcomed all to the meeting and opened with the serenity prayer.

2. Preamble, Traditions and Concepts

Preamble read by Robbie, Traditions read by Ghislain, Concepts read by Rebecca.

3. Apologies

The apology was noted.

4. Brief Personal Shares

5. Notify Chair of Any Other Business

Items for AOB were raised by Hannah, Robbie and Rebecca.

6. Review and adopt agenda, agree ground rules.

The agenda was shared prior to the meeting and that along with the ground rules were agreed by all.

7. Review and approve minutes of January Board meeting.

Ratify decisions of November and December board calls and update action log.

The minutes of the January Board meeting were approved by all present.

The minutes of the February Board call were agreed by all present with no decisions needing formal ratification.

The minutes of the March Board call were agreed by all present with no decisions needing formal ratification.

Rebecca has compiled anew action tracker and the actions marked as 'in progress' or 'not started' were discussed and updated accordingly. Going forward, these will not be individually minuted, but the document will be available for reference.

It was decided that all actions relating to Rachel would be rolled over in her absence.

Action 7.1: Hannah to draft an email to the Inter Group (IG) Chairs inviting them to the June board meeting advising that financial assistance is available for travel expenses.

Action 7.2: Rebecca to check on the by-laws about individual groups attending board meetings and their affiliated voting rights.

Action 7.3: Rebecca to contact previous board member regarding the Employment Policy and discuss at the May call.

Action 7.4: Hannah to find the template for the annual report and start the outline.

8. Reports

Chair report – circulated with the board papers and no further questions asked.

Secretary report - circulated with the board papers and no further questions asked.

Communications/World Service Business Conference (WSBC) Rep report - circulated with the board papers and no further questions asked.

Treasurer/Co Secretary/Region 9 Rep report - circulated with the board papers with no further questions asked.

Literature Liaison & Administration report - circulated with board papers with no further questions asked.

9. Report from PIPO activity

This was received on 11th April with a headline of £9k spent on the service station campaign with a graph included to track the results.

Action 9.1: Robbie to contact Maria, chair of the Public Information and Professional Outreach (PIPO) board to write a newsletter item based on the PIPO report.

10. National Assembly 2025

North of England have advised that they are unable to host for 2025 but will be submitting a bid to host the 2026 National Assembly.

After substantial discussions for the 2025 National Assembly, it was proposed and agreed by all present to do the following:

- ✓ 2025 National Assembly to be hosted by the Overeaters Anonymous Great Britain board (OAGB)
- ✓ Given the limited number of board members, the 2025 National Assembly would focus on OAGB business only with a one-day event
- ✓ Continue to source volunteers to support with certain aspects of the National Assembly

The board discussed the factors of holding the National Assembly in person or virtually, and it was agreed that options would be explored in the coming weeks with a decision to be made by the May board call.

Action 10.1: All board members to investigate suitable venues in suitable locations and costs for an in-person event.

Action 10.2: Rebecca to put the guidance document for the National Assembly in the WhatsApp chat.

Further actions will be raised based on the decision made by the board on whether the National Assembly will be in person or virtual.

11. Bylaw amendments

Hannah advised that she was not aware of any by-laws that required amending, and Robbie confirmed that they were rigorously reviewed by the previous board.

Action 11.1: Hannah to ask groups of any by-law amendments to be put forward after the May board call.

12. Literature Service update

Ghislain talked through the report submitted by the literature administrator who also provided a spreadsheet on the literature items, costs to buy and produce, current selling price and suggested new selling price.

It was decided that even though with the new selling prices the service will still be operating at a deficit **to go ahead with the price increases suggested** with a note on the website to reflect that and that further action will be taken in the future.

This was agreed by all members present.

13. Financial Review 24/25 & Budget 25/26

It was agreed that this will be discussed in the May board call with a ratification at the June board meeting.

14. Conversion to Charitable Incorporated Organisation (CIO)

It was agreed that the conversion to a CIO will be suspended on the advice of the accountant as the deadline for 2025 has now passed, also further advice needs to be sought from previous board members.

15. OAGB Group Conscience

Action 15.1: Hannah to contact previous board members for further information on this item.

16. Policy Updates

Employment Policy: see action 7.3.

Safeguarding Policy:

Edits had been suggested in the policy, and this was discussed by all board members and edited as appropriate.

Final version was voted on and approved by all board members present.

Risk Assessment:

This will be reviewed and resolved by Hannah and Rebecca via email – *action 16.1.*

17. AOB

Hannah proposed to buy more storage space in Dropbox and to give Rachel a £250 budget for a year's subscription to purchase. Seconded by Robbie and agreed by all present – *action 17.1*.

Robbie's item no longer needs to be discussed as covered in a previous conversation around his WSBC report.

Rebecca confirmed that the June board meeting will be face to face and that the IG Chairs only will be invited.

Next board call – Sunday 18th May at 11am.

Next board meeting: Saturday 21st June.

18.CLOSE – serenity prayer

Action Table – April 2025

Item	Action	By Whom	By when
7.1	Hannah to draft an email to the IG Chairs inviting them to the June board meeting advising that financial assistance is available for travel expenses	Hannah	May call
7.2	Rebecca to check on the bylaws about individual groups attending board meetings and their affiliated voting rights.	Rebecca	May call
7.3	Rebecca to contact Teresa regarding the Employment Policy and discuss at the May call.	Rebecca	May call
7.4	Hannah to find the template for the annual report and start the outline	Hannah	June board
9.1	Robbie to contact Maria to write a newsletter item based on the PIPO report.	Robbie	May call
10.1	All board members to investigate suitable venues in suitable locations and costs for an in-person event.	All	May call
10.2	Rebecca to put the guidance document for the National Assembly in the WhatsApp chat.	Rebecca	May call
11.1	Hannah to ask groups of any bylaw amendments to be put forward after the May board call.	Hannah	June board
15.1	Hannah to contact Teresa for further information on the group conscience.	Hannah	June board
16.1	Hannah & Rebecca to review and resolve the Risk Assessment and bring to board for formal ratification	Hannah & Rebecca	June board
17.1	Purchase more storage space for the Dropbox account as a 1-year subscription and a budget of £250	Hannah & Rachel	May call

These minutes are a true and accurate record of the meeting.

A handwritten signature in black ink, appearing to read 'Hannah C'. The signature is fluid and cursive, with the first letter 'H' being large and prominent.

25/08/2025

Chair

Date