








Information for Evidenced-Based Practitioners.

QR code	Reference
	<p>Kelly, J. F., Humphreys, K., & Ferri, M. (2020). Alcoholics Anonymous and other 12-step programs for alcohol use disorder. <i>Cochrane Database of Systematic Reviews</i>. https://doi.org/10.1002/14651858.CD012880.pub2</p>
	<p>Bray, B., Rodríguez-Martín, B. C., Wiss, D. A., Bray, C. E., & Zwickey, H. (2021). Overeaters Anonymous: An Overlooked Intervention for Binge Eating Disorder. <i>International Journal of Environmental Research and Public Health</i>, 18(14), 7303. https://doi.org/10.3390/ijerph18147303</p>
	<p>Gearhardt, A. N., & Schulte, E. M. (2021). Is Food Addictive? A Review of the Science. <i>Annual Review of Nutrition</i>, 41(1), 387–410. https://doi.org/10.1146/annurev-nutr-110420-111710</p>
	<p>Reents, J., & Pedersen, A. (2021). Differences in Food Craving in Individuals With Obesity With and Without Binge Eating Disorder. <i>Frontiers in Psychology</i>, 12, 660880. https://doi.org/10.3389/fpsyg.2021.660880</p>
	<p>Gearhardt, A. N., & Hebebrand, J. (2021). The concept of “food addiction” helps inform the understanding of overeating and obesity: YES. <i>The American Journal of Clinical Nutrition</i>, 113(2), 263–267. https://doi.org/10.1093/ajcn/nqaa343</p>
	<p>Hebebrand, J., & Gearhardt, A. N. (2021). The concept of “food addiction” helps inform the understanding of overeating and obesity: NO. <i>The American Journal of Clinical Nutrition</i>, 113(2), 268–273. https://doi.org/10.1093/ajcn/nqaa344</p>

Resources for Staff and Service Users

QR code	Reference
	<p>Narrated PowerPoint – Overeaters Anonymous - CPD for Healthcare Professionals – Available on YouTube -23mins long https://youtu.be/x_YMa5Vsv44</p>
	<p>Service Users Posters for Waiting Areas and Clinic Rooms</p> <p><i>We may be able to supply printouts of these posters for your clinic. Please contact us at general@oagb.org.uk Please quote “Primary Care Conference” in the body of the email.</i></p> <p><i>https://www.oagb.org.uk/public-information/public-information-pi-posters/</i></p>
	<p>Service User Leaflets – “Do You Eat Compulsively?” Opens a one-page – double sided PDF</p> <p><i>We may be able to supply printouts of these posters for your clinic. Please contact us at general@oagb.org.uk Please quote “Primary Care Conference” in the body of the email.</i></p> <p><i>http://www.oaregion9.org/wp-content/uploads/2016/10/OAR9leafletDoYouEatCompulsively.pdf</i></p>
	<p>Overeaters Anonymous 2017 Survey for Professionals. Opens a one-page – double sided PDF, https://oa.org/app/uploads/2021/09/2017-membership-survey-report.pdf</p>
	<p>Overeaters Anonymous 15 Q’s can be printed and given to Service User – Opens one page PDF https://oa.org/app/uploads/2021/08/fifteen-questions.pdf</p>

Information for Evidenced-Based Practitioners - see overleaf