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**Overeaters Anonymous Great Britain (OAGB)**

 **National Assembly & Convention**

**What is the purpose of the National Assembly?** The Assembly is the group conscience of OA in Great Britain. By all groups getting together once a year we help shape and strengthen OA

**Who is it for?** Every group and Intergroup registered in Great Britain with the World Service office can send a delegate

**What’s in it for me?**

* Make new OA friends
* See recovery working on a wider level
* Strengthen my own recovery
* Be among others who take their recovery seriously

**What’s in it for my group / intergroup**

* Everyone’s presence strengthens their group conscience
* Being part of the wider OA service structure
* Connecting with other groups and learning together
* Valuing delegates as trusted servants to carry the voice of the group

**How are delegates funded?**

* If your group isn’t already saving there’s time to start now
* If you’ve not got quite enough funds in your group, you may be able to get financial support from your Intergroup. You can in any case apply for part or full funding from us at OAGB via our delegate application fund [www.oagb.org.uk/national-assembly](http://www.oagb.org.uk/national-assembly)

**What’s the difference between the Assembly and the Convention?**

**The assembly is the formal business part carried out by OAGB. It starts on the Friday evening and then runs all day Saturday (approx 9am-5pm). The convention is then hosted on the Sunday (10am – 4pm) by the local Intergroup. It’s a recovery day where we come together to share our experience, strength and hope**

**Interested in serving at a national level?** If you have 12 months abstinence and 2 years service beyond group level you may be eligible. We’re currently a small board, and we’re looking to grow so your applications would be warmly welcomed. **Serving on your behalf,**

 **Your OAGB National Service Board**

**“Service enhances my recovery”**