

**REGISTRATION FORM FOR CONVENTION**

To register for the convention please register and pay online at <http://www.oaheartofengland.co.uk/> **OR** tear off this form, and send it to:- **Registration Secretary**, 8 Linley View Drive, Bridgnorth, Shropshire, WV16 4RT, enclosing a cheque payable to “Heart of England Intergroup” (no receipts given). Contact Pat L – 07890 932 454

*Overseas members (inc. Eire) please register in advance and pay online or in cash at the convention rather than posting a cheque.*

Please write your name clearly using CAPITAL LETTERS.

First Name(s).....

Surname.....

Address.....

.....

Tel.....

Email.....

**Cheque enclosed for £.....**

Is this your first time at this convention? YES / NO

May we keep your name and email securely to send you future convention info? YES / NO (The privacy policy of HOE Intergroup can be found at [www.oaheartofengland.co.uk/PrivacyPolicy](http://www.oaheartofengland.co.uk/PrivacyPolicy))

How did you first hear about this convention? .....

*(Don't forget to contact the hotel direct to book your accommodation & take note of the details inside the leaflet before you post this form).*

**SERVICE OPPORTUNITIES**

Our convention could not go ahead without those willing to do service.

- I would like to give service at this event.**
- I am interested in speaking at this convention.**

# Steps 10, 11 and 12 Staying Connected

**HEART OF ENGLAND INTERGROUP**



## 19th Annual OA Recovery Convention

**Friday 12th July to Sunday 14th July 2019**

**Whatever your problem with food  
Heart of England Intergroup  
welcomes you to this recovery convention**

at  
Hilton Metropole Hotel, NEC, Birmingham, UK.

**CONVENTION GENERAL ENQUIRIES:**

[www.oaheartofengland.co.uk](http://www.oaheartofengland.co.uk).  
Telephone Pat H: 07812 177 870  
Email: [contact@hoeconvention.org.uk](mailto:contact@hoeconvention.org.uk)



## DRAFT TIMETABLE

<b>FRIDAY</b>	Registration 17:00-18:30, Dinner 18:00-20.00 Speaker meeting 20:00
<b>SATURDAY</b>	Registration 08:30, Speaker meetings and Workshops throughout the day starting 9:30am
<b>SUNDAY</b>	Speaker meeting or Workshop 10.00-12.45

The programme for this Convention focuses on working Steps 10, 11 and 12. Whether you're a newcomer, doing these steps for the first time or revisiting them, all the topics covered in the sessions should be of interest to you.

\* We recommend bringing layers of clothes to wear (wraps are particularly useful) as the air conditioning does fluctuate.

\* There will be a room available for regular meetings throughout the weekend. OA literature will be on sale all weekend. Bring cash/cheque - we cannot cater for credit/debit cards.

## MEALS

\* All meals are served buffet style with no sugar/white flour added and sauces are served separately. For specialist food requirements please contact the hotel directly.

\* We will provide a full menu prior to the event; please check the website.

\* Lunch on Saturday is cash catering available for residents & day visitors, so bring money! There is an ATM on site but charges apply for cash withdrawals. (No lunch provided on Sunday)

\* Day visitors who would like to stay for Saturday evening may register to join the overnight guests for dinner if they pay for dinner in advance using the link on the 'meals' page of the website (NB maximum 20 spaces).

## DIRECTIONS

**By car:** From the M6 take junction 4 or M42 junction 6 then follow signs to the NEC complex. A reduced parking fee of **£6** per ticket has been negotiated for all delegates including day visitors. Please see website for further payment details. (An additional ticket will be required if the vehicle leaves the hotel complex during the weekend).

**By air and by train:** A free shuttle bus runs from Birmingham International Railway Station. Travelers by air take the mono rail to the railway station to catch the free shuttle bus.

**Please: 1) Book the hotel  
2) Register with the Registration Secretary**

## BOOKING THE HOTEL

**1)** We have a specially negotiated rate of £146 per person for a single room for two nights, dinner, B+B. Pool & leisure facilities are included for residents. (Twin/Double is £292). Please book directly with the hotel by **12<sup>th</sup> June 2019** using the online booking facility on the homepage of our website: **oaheartofengland.co.uk**.

or, if you do not have internet access, contact:

Hilton Metropole Hotel, NEC, Birmingham, UK on 0121 780 6262

A limited number of single rooms are available and allocated on a first come, first served basis. Early booking is strongly recommended. Please do arrange to share a twin with someone you know.

**A credit card or a non-refundable £30 deposit per person will be payable to the hotel at the time of booking.**

## REGISTERING FOR THE CONVENTION

**2a) Weekend visitors:** Please register with the Registration Secretary by **5<sup>th</sup> July 2019** and pay in advance. Please fill in the registration form on the back of this leaflet. Late registrations are accepted if unavoidable.

**2b) Day visitors:** For hotel catering and capacity purposes, please register as above. If you would like to join us for dinner on Saturday please pay in advance for your meal via the link on the homepage of our website or phone the hotel.

Registration Fees	Price £
Weekend (payable in advance, see registration form)	24
Saturday day visitors (can be paid on the day)	12
Friday pm/Sunday am/part day (can be paid on the day)	6
<b>Saturday Evening Meal</b>	
<u>For day visitors only</u> who wish to join the overnight guests for dinner please use the link on the meals page of our website.	29