

**Overeaters Anonymous
South Wales Intergroup
Workshop**



**"Good Intentions aren't enough
- willingness is everything"**

on

Saturday 15th December 2018

10.00 a.m. - 12.30 p.m.

United Reform Church, Windsor Place
Cardiff CF10 3BZ

- ◆ Why good intentions fail
- ◆ Barriers to willingness
- ◆ Working towards willingness
- ◆ Taking action

Tea & coffee provided
7th Tradition (no entry
fee)

Do come along!
Any queries? Call El
on 07807 074412