

# Journey through the 12 Steps

The perfect pre-Christmas OA retreat, now in it's 4<sup>th</sup> Year.



**Tuesday 11 – Thursday 13 December 2018**

## **Worth Abbey**

**Paddockhurst Road, Turners Hill, Crawley, West Sussex RH10 4SB**

**Worth Abbey is a community of Roman Catholic Benedictine Monks.  
The retreat will take place in St Bruno's – the principle retreat  
house used for residential retreats.**

### **Accommodation**

There are single and shared rooms available at full board prices, which include administration and expenses.

**Single rooms are £155 and shared rooms are £135 which includes...  
all food for the three days and two nights board.**

### **Catering**

Sugar and white flour free catering options.

### **Timings**

Arrive from 16:00 on the Tuesday 11 December and depart no later than 16:30 on Thursday 13 December.

### **Travel**

Located close to Crawley and the M23, in the heart of the Sussex countryside, Worth Abbey is 32 miles from London, and 22 miles from Brighton. London Gatwick Airport is six miles away. The nearest main line station is Three Bridges – four miles away, and is on the London to Brighton Railway line.

There is parking available at Worth Abbey and a taxi service from the station.

## **Booking**

To book, please email your name, address and contact number to [southcoastretreat2@gmail.com](mailto:southcoastretreat2@gmail.com)  
or text **07977 430434** quoting '**Worth Abbey Retreat 2018**'.

Please state if you would like a single or shared room. You will be sent a booking form to complete.

When making payment you **MUST** use your surname as the reference.

Please pay to **South Coast Intergroup**: Sort Code: **30-93-20** | Account Number: **19507868**.

If you do not have internet access please text us and we can discuss payment options with you.

**Please note: Refunds are not available but you may find another person to take your place if you can't attend.**

**Service will be integral to this retreat.** After booking, you will receive a welcome email with service options available.