

**MINUTES of the SATURDAY 14<sup>th</sup> APRIL 2018 QUARTERLY MEETING of  
OVEREATERS ANONYMOUS GREAT BRITAIN (The National Service Board of OA in Great Britain)  
held at Quaker Meeting House, 38 Elmbank Road, Glasgow, G2 4PS**

**In attendance: -**

Sandra	Chair	NSB
Lisa	Treasurer	NSB
Caroline M	Communications Officer	NSB
Catherine	Literature Liaison Officer	NSB
Laura	Board Administrator	NSB
Chic	Observer	Caledonian IG

Item	Action
1. Sandra welcomed everyone, and the group opened the meeting with the Serenity prayer.	
2. Preamble, Traditions and Concepts were read.	
3. Everyone gave brief personal shares to connect with the group on where they were at today.	
4. No apologies received.	
5. Catherine asked for Non-OA NSB members to be added under AOB (see point 21)	
6. The group adopted the agenda. Sandra extended a warm welcome to Chic as a visitor. The suggested ground rule of raising hands to input via Sandra as the chair was agreed, and it was explained questions could be asked by observers but only Board members were able to vote, including the Chair given the small size of the Board. This meant there may be situations where a vote could end up in a tie as there were 4 votes, so it was agreed to discuss a way of using the Third Legacy procedure to reach an agreement if this arose. The group were happy with this.	
7. <b>Review last meeting's minutes and matter's arising</b> a. Amendments to the minutes were noted as:- i. Point 9 n) – Sandra to send OAGB donations information to Mary the Accountant, not Deborah ii. Point 13 h) – Potential royalties increase to 20% not 25% iii. Point 20 WSBC Motions – the vote to not adopt the various Bylaw amendments had not been noted b. Laura thanked the group and confirmed she would update the copy on the website.	<b>Laura</b> – to update minutes and copy on OAGB website
c. Point 8i – Job descriptions. The group confirmed they had reviewed but not completed any updates on these so far. To be added as a rolling agenda item for future meetings.	<b>Laura</b> – add job descriptions as a rolling agenda item
d. Point 8h – NatWest banking forms. Laura confirmed she again went into the branch with her ID and is awaiting confirmation from the Manager the documents have been received; has tried to chase up no answer. Lisa confirmed she has submitted all the paperwork requested again and is also waiting on a response. Confirmed will continue to update between meetings via email given the urgency and potential risk this poses. To be added as a rolling agenda item at next meeting.	<b>Laura/Lisa</b> – to update progress with NatWest bank <b>Laura</b> – to add NatWest banking as a rolling agenda item

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<p>e. Point 8l – Insurance question from OA member in Norwich on what cover OAGB had in place if someone wished to sue the fellowship in the UK. Laura had circulated the response from Stella that WSO had insurance in place for their business, but this would not cover any other NSBs, therefore OAGB should investigate this if they felt it was needed. The group agreed this linked to the query from the Aberdeen group on Public Liability Insurance. Catherine confirmed she had discussed with the insurance company when the policy was renewed about adding UK wide cover for this, but the costs seemed very high and there was an unknown need at this time. The group agreed it would be useful to discuss with the IG chairs at the June BM to get a gauge on how many meetings need this cover.</p>	<p><b>Catherine</b> – to confirm the additional costs quoted by the insurance company at the last renewal to add PL insurance <b>Sandra</b> – to add this topic to the IG chairs invite <b>Laura</b> – to add as agenda item for June meeting</p>
<p>f. Point 9k – Catherine to be added to Literature accounts as signatory. Catherine confirmed this was ongoing and she was due to arrange a time to meet with Deborah and visit the bank together. Updates to be covered under the future rolling agenda item</p>	<p><b>Catherine</b> – to progress with banking forms</p>
<p>g. Point 9m – Literature Volunteer information. Caroline confirmed Deborah had sent on details of the additional volunteer, who has now been added to the main database. Agreed to ask Deborah to confirm all information on file is correct.</p>	<p><b>Caroline</b> – to send all Literature volunteer information to Deborah to confirm accurate</p>
<p>h. Point 9n – OAGB donations via Literature. Sandra highlighted she had forgotten to bring the bank statements to return to Lisa, so would post these.</p>	<p><b>Sandra</b> – post bank statements to Lisa</p>
<p>i. Point 13d – Deborah appraisal – Catherine confirmed this was outstanding.</p>	<p><b>Catherine</b> – to undertake appraisal with Deborah asap</p>
<p>j. Point 13e – Employee pension information. Sandra confirmed this was outstanding.</p>	<p><b>Sandra</b> – to provide Pension information to Deborah</p>
<p>k. Point 13m – Royalties – Sandra confirmed a conference call with Deborah, Catherine and herself was planned to draft a letter to WSO to outline OAGB's position. Catherine had already had a call with the WSO directly and provided financial information.</p>	<p><b>Sandra</b> – Call with Deborah and Catherine to discuss letter to WSO on royalties issue</p>
<p>l. Point 16b – Potential volunteer Kate. Lisa confirmed had emailed re treasurer support but not heard back. Laura suggested phoning direct to confirm if still interested.</p>	<p><b>Lisa</b> – to phone Kate to confirm if wishes to proceed with service role</p>
<p>m. Point 16d – Volunteer job descriptions. Caroline confirmed most of these had now been drafted. Agreed to review this under the new rolling agenda item of Job descriptions</p>	<p><b>Laura</b> - to expand rolling agenda item to include volunteer job descriptions</p>
<p>n. All other actions were either noted as completed or being covered later in today's agenda</p>	
<p><b>8. Confirm Member's details</b> a. There were no changes to any member details.</p>	

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<p><b>9. Directors and Paid worker reports</b></p> <p>a. Chair, Company Secretary and Region 9 - Lisa asked for support in preparing for her role as Region 9 delegate, Sandra confirmed she could register and book travel at any time and arrange a call to discuss.</p>	<p><b>Lisa</b> – to book for Region 9 assembly and arrange call with Sandra for handover</p>
<p>b. Treasurer – Sandra asked when the £3,000 donation from a member’s will was received as she could not see it in the accounts. Lisa reviewed and confirmed she had accidentally logged January to March rather than December to February on the accounts reports, she would redo and recirculate.</p>	<p><b>Lisa</b> - to redo accounts to reflect accurate 2<sup>nd</sup> quarter</p>
<p>c. The contributions from groups appeared to be lower than budgeted for which was a concern, agreed Sandra to flag this as part of her communication to the IG chairs.</p>	<p><b>Sandra</b> – to highlight the lower levels of group contributions to IG chairs</p>
<p>d. Catherine asked how groups knew how and where to send donations to OAGB. The information is on the website, or groups email Lisa via the Treasurer email address to ask for options. It was suggested to include this information in a future board news to raise awareness.</p>	<p><b>Caroline/Laura</b> – include OAGB donations options in future board news</p>
<p>e. Communications – there were no questions for Caroline</p>	
<p>f. Literature – Caroline asked about Literature news and when and how this is circulated. Catherine thought this was via the email loop but no one at the meeting had received a copy who was on that list. Catherine to investigate.</p>	<p><b>Catherine</b> – to investigate Literature news and circulate to the NSB and Board admin</p>
<p>g. Literature Accounts – there were no report or figures available at this time, as there had been some confusion around the meeting dates and Deborah was not aware these were needed. Deborah confirmed the finances were in a stable position, and she will forward the reports to Laura for circulation in the next couple of weeks.</p>	<p><b>Deborah</b> – to send on report and accounts for circulation</p>
<p>h. Board Administrator – there were no questions for Laura</p>	
<p><b>10. Finance and Business reporting</b></p> <p>a. Sandra highlighted there were a number of donations made to OAGB via the Literature service each year, where people added an extra contribution to their order or rounded up the price paid. Deborah collated these and passed the funds to OAGB once a year; these had been added to the final accounts.</p>	
<p>b. The accounts had now been fully audited and finalised so OAGB can now report a £475 surplus for the 2016/17 financial year.</p>	
<p>c. Sandra confirmed she had used a different format for the accounts when sending them to the Accountant for auditing and agreed to share this with Lisa so she could get an understanding.</p>	<p><b>Sandra</b> – to share template for Accountant audit with Lisa</p>

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<p>d. Sandra shared the draft Annual report and asked everyone to review and come with any amendments by Sunday 22<sup>nd</sup> April. The report had to be finalised and submitted by May 25<sup>th</sup>.</p>	<p><b>All</b> – to review Annual report and feed back to Sandra by Sunday 22<sup>nd</sup> April</p>
<p><b>11. National Assembly</b> a. NA 2018 Hosting Committee update, Devon and Cornwall Intergroup – Sandra confirmed the D&amp;C IG Treasurer had stepped down from both their IG role and the NA Hosting committee. Donna from Caledonian IG was due to support the committee with the finances, but a local Treasurer is a critical role in planning the NA. D&amp;C are urgently trying to replace this person and will update.</p>	
<p>b. NA 2018 Flyer – D&amp;C had submitted their draft flyer for approval before printing and issuing. The group discussed the timing of the booking form being available and agreed this and the website should be updated to ensure all the relevant information was there to allow members to book right away. A change to the webpage address was suggested to make it more memorable and easier to display on the flyer itself.</p>	<p><b>Caroline</b> – to update NA webpage and provide D&amp;C with the page address to add to the flyer <b>Sandra</b> – to request the OAGB website address for the NA be added to the flyer, and ask D&amp;C to have the booking form ready to issue at the same time as the flyer</p>
<p>c. Potential Bylaw amendments and resolutions – the group discussed the first outline.</p>	
<p>d. Point 1 - No NA hosts for the coming year in place – it was thought this situation had arisen several years ago, and at the time a committee was formed of volunteers from several neighbouring IGs. The ability to do this was not outlined in the bylaws but could be possible by a voting on an emergency business motion at the NA itself. It was agreed this motion would be useful, but not urgent.</p>	
<p>e. Point 2 - Ability to co-opt new NSB members if board numbers fell below 5 – would allow to co-opt even if no one had stepped down. A discussion took place around what the minimum number should be and led into potential bylaw amendment 3, and what core meant for the NSB.</p>	
<p>f. Point 3 - Review all board positions and reestablish the core board roles – the group discussed what was legally required and therefore a 'core' role on the NSB, versus what roles are needed to be effective, as well as what those roles could cover.</p>	
<p>g. Legally required core roles:- i. Chair ii. Company Secretary iii. Treasurer iv. Volunteer Co-ordinator &amp; Line manager for Paid workers</p>	

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<p>h. Functional core roles to enable the group to be effective:-</p> <ul style="list-style-type: none"> <li>i. Secretary/Board administrator</li> <li>ii. Literature Liaison</li> <li>iii. Communications role x 2 (review and split all aspects of Comms, email boxes, website, telephone, email loop etc)</li> <li>iv. Public Information and Professional Outreach</li> <li>v. Region 9 Delegate</li> <li>vi. WSBC Delegate</li> </ul>	
<p>i. It was highlighted that not having the functional core roles would result in closing down of some services to the fellowship such as the extensive website.</p>	
<p>j. It was agreed the Company Secretary, R9 and WSBC Delegate roles could all be additions to another role</p>	
<p>k. Rotation of service was discussed and the bylaws reviewed, which confirmed if an NSB member has completed a 4 year term they must stand down from the NSB for a period of two years. It was highlighted there was no stipulation on how long a person who had completed a two-year term had to stand down for. It was agreed this could benefit from some clarification and so was another potential amendment to consider.</p>	
<p>l. The group agreed all of this information should be discussed with the IG chairs at the June board meeting to get their input. Sandra agreed to expand the rationale for each potential amendment and include some information in the invite to the IG chairs</p>	<p><b>Sandra</b> – to draft rationales for the various potential amendments and share information with the IG chairs for the June board meeting</p>
<p>m. Board Member Applications – The group discussed what their individual plans were for the NSB next year. 3 members are coming to the end of a two-year term, and 1 member is at the end of their first year. 3 of the members are looking to stand down this year, which would leave the board with only 1 NSB member. A discussion took place around rotation of roles and whether this would allow some members to remain on for a further term. It was agreed this was a topic to discuss with the IG chairs in June to establish what candidates may come forward.</p>	<p><b>Sandra</b> – to highlight NSB applications to IG chairs for June meeting</p>
<p>n. Parliamentarian – Sandra confirmed Stella was stepping down as Region 9 trustee later this month. However, she had confirmed she would still be attending National Assembly this year and had offered to be the Parliamentarian. The group voted and agreed to accept this offer, and pay expenses for her travel and accommodation. The potential to invite the new Region 9 trustee was discussed and agreed there was no need for this at this point given the Trustee's time was limited and we had Stella's input.</p>	<p><b>Sandra</b> – to confirm Parliamentarian role with Stella</p>
<p>o. Hosting Pack – Laura confirmed the version circulated was the final copy as updated by North West IG following their hosting of NA 2017. The group agreed to review and forward any feedback or comments to Laura by the end of April.</p>	<p><b>All</b> – Reviewing NA hosting pack and send comments to Laura by end April</p>

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<p>p. Learnings from NA 2017 – there was no time on the agenda to discuss these points, Sandra and Laura to have initial discussion offline.</p>	<p><b>Sandra/Laura</b> – arrange call to discuss NA learnings</p>
<p><b>12. WSBC Motions</b> a. Caroline led the group in a discussion around the various items to be discussed and voted on at the World Service Business Conference. The group reviewed each point and voted, outcomes of each of these are shown at Appendix A at the end of the minutes. The group thanked Caroline for her service in representing OAGB as a trusted servant at the WSBC.</p>	
<p><b>13. Policies and Procedures</b> a. The group discussed the current OAGB mileage rate which was currently 26p per mile. Benchmarking, HMRC guidelines, petrol costs and what the mileage rate was to cover were all discussed. The group voted to not make any change to the current rate.</p>	<p><b>Laura</b> – to update policy manual to reflect the rate was reviewed and not changed</p>
<p>b. Printing costs were reviewed for employees and volunteers and it was highlighted OAGB rate was 5p per printed page, and Literature rate was 7p per page. The group agreed this should be reviewed for consistency, Laura to investigate and come back to the group.</p>	<p><b>Laura</b> – to investigate the background to printing costs for both Literature and OAGB</p>
<p>c. Laura asked for clarification on the process for amending OAGB policies when a vote was taken at a board meeting. The group agreed if a vote was taken and minuted, Laura should amend the policy document and have the Chair double check the wording. This could then be taken as the final version and circulated to the NSB for information.</p>	<p><b>Laura</b> – to update policy manual with this process and follow for any future policy updates</p>
<p>d. Laura reviewed the new layout of the Policy and Procedure document with the group, confirming she had worked to make this more of a manual similar to Region 9. This would make the document easier to update and refer to, as well as track what policies were to be created or reviewed. The group reviewed the list of current policies and agreed the following needed additional work by the June board meeting:-</p> <ul style="list-style-type: none"> <li>i. R9 and NA Delegate Assistance Fund and forms – to be reviewed before mid May so details can be issued for this year's NA. Sandra and Lisa to action.</li> <li>ii. Group and IG contributions split – some conflicts in current policy versus information issued last year from 7<sup>th</sup> tradition pamphlet and Stella's update at NA. Needs reviewed before June so can share with IG chairs.</li> <li>iii. Employee training such as manual handling, work station assessments – Sandra to review.</li> </ul>	<p><b>Sandra/Lisa</b> – review and finalise Delegate Assistance policy and forms <b>Sandra</b> – to review Group and IG contributions split <b>Sandra</b> – review employee training required</p>

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<p>e. It was agreed the following policies needed additional work but could be reviewed after the June board meeting:-</p> <ul style="list-style-type: none"> <li>i. Chair does have a vote at board meetings if board is small and ground rules for the meeting.</li> <li>ii. Professional Exhibits applications process – deadline for applications December</li> <li>iii. Public Liability Insurance – we have guidance we issue to groups via the general email box but not currently in the manual. To get feedback at June meeting from IG chairs and agree next steps</li> <li>iv. Breaks in requirements for service volunteers at Board level – this situation has occurred recently so have a draft way to approach but needs documented so can be referred to. It was also discussed whether this happening in the case of an NSB member would need added to the Bylaws</li> <li>v. Storing of confidential paperwork – part of GDPR project, to be reviewed after rest of project in more final stages.</li> <li>vi. Diversity policy – initial information collated by Laura, to be reviewed and policy statement drafted.</li> </ul>	<p><b>Laura</b> – to include Policies on the June board meeting agenda to review progress and next steps</p>
<p>f. It was agreed all the following policies had been reviewed previously or today and could therefore be updated and signed off:-</p> <ul style="list-style-type: none"> <li>i. Employee single rooms</li> <li>ii. Mileage amount</li> <li>iii. Updating P&amp;P manual</li> <li>iv. Spending and expense claims update from NA 2017</li> </ul>	<p><b>Laura</b> – to update P&amp;P manuals and get final sign off where needed</p>
<p><b>14. GDPR</b></p> <p>a. Sandra and Caroline confirmed good progress had been made on the data audit for OAGB and Literature service. The new legislation came into force on May 25<sup>th</sup>, and the data audit had highlighted some key areas where new policies and processes needed to be introduced to ensure both sides of the business were compliant. Caroline was also part of the R9 GDPR committee which had representation from various service levels and was taking steer from an OA member who was also a data protection lawyer. Some work had then been started using the information and templates from this committee for the data audit, however there were some areas where further explanation was needed and it had felt like a duplication of work. Sandra confirmed the OAGB work was on hold for now and Caroline and herself had a call with the Data protection specialist to clarify next steps.</p>	<p><b>Sandra/Caroline</b> – to update on next steps after call with data protection specialist</p>
<p><b>15. IG Chairs meeting in June</b></p> <p>a. Sandra confirmed she had sent an email to all the IG chairs confirming the date of the next board meeting and would send further more detailed information shortly.</p>	

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<p>b. It was agreed the invite should include the fact IG chairs could claim financial assistance to attend if needed. There was no formal process for this at the moment but any applications could be reviewed on a Board call or via email. Laura to add this point to the Company Calendar to ensure it was offered in future years.</p>	<p><b>Laura</b> – to update Company Calendar with financial assistance to be offered to IG chairs</p>
<p><b>16. Communications Update</b>  a. Caroline highlighted there were several key communications to be issued via the email list in the coming months and she wanted to ensure the subscribers weren't being bombarded:-  i. GDPR – action for groups to take  ii. National Assembly Flyer and Registration form, including Delegate Assistance information  iii. Board news – April BM minutes, R9 report, Chairs meeting date, potentially WSBC update depending on timescales  iv. NA information highlighting NSB vacancies and how to apply, looking at future of OAGB  v. Artwork vacancy - to be recirculated asking OA members to share with their non-OA member contacts. Could be included in board news to help with reading rates</p>	<p><b>Caroline</b> – to draft and issue the key messages to the email loop, ensuring these are spaced out</p>
<p>b. The group agreed there were a lot of key messages to be shared and it was important to juggle anything additional into these emails where possible, as well as share them directly with IG chairs for discussion at meetings and groups with no IGs</p>	<p><b>All</b> – to highlight any additional communications to be issued to Caroline asap so these can be incorporated into the current timetable of emails  <b>Laura</b> – to send all key emails to Groups without IGs</p>
<p>c. GDPR project may mean we have to contact all email subscribers and ask them to re-subscribe to the list. This will bring numbers down, but hopefully improve the percentage of people clicking links and actually reading the material.</p>	
<p><b>17. Employee Appraisals</b>  a. Laura left the room to allow the NSB to discuss this topic confidentially. The group discussed the two paid employees and their salary reviews. After some discussion it was agreed to award salary increase of 2.5% in line with inflation to both employees. Laura's increase was to be backdated to the start of her current contract, which began in November 2017. Caroline and Catherine to action this change.</p>	<p><b>Caroline/Catherine</b> – to update payroll to reflect the salary changes voted on today</p>
<p><b>18. Holidays</b>  a. Laura highlighted the holiday season was approaching and suggested it might be helpful for everyone to be aware of when NSB members and employees were on holiday so they could plan key pieces of work over the summer. The group agreed to send their dates to Laura to collate and circulate.</p>	<p><b>All</b> – send holiday dates to Laura  <b>Laura</b> – to contact Deborah to confirm holiday dates, collate list and share with the group</p>

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<p><b>19. Volunteer Updates</b></p> <p>a. Caroline confirmed the email sharing all the Service opportunities available had been issued to the email loop. The mailing would also be sent directly to any members who had put their name forward at the last NA but so far had not taken on a service position. It was agreed their details would be removed from the database after this point as there was no valid reason to hold them under data protection guidelines.</p>	<p><b>Caroline</b> – to send service opportunities mailing to previous volunteers then clear their details from database</p>
<p>b. The General email box team had recently dropped from 6 members to 4, which left a gap in a key area of service. This would be added to the website to try and attract new volunteers.</p>	<p><b>Caroline</b> – add General email box responders service opportunities to the website</p>
<p>c. Topic to be raised with IG chairs to look for more service volunteers at board level.</p>	<p><b>Sandra</b> – discuss service opportunities with IG chairs at June meeting</p>
<p><b>20. Company Calendar</b></p> <p>a. The group discussed the updated version of the calendar which had been drafted by Laura and agreed this could now be signed off as the final copy, with updates ongoing.</p>	<p><b>Laura</b> – to update Company calendar in Blue book</p>
<p>b. The group reviewed the calendar actions for each month and confirmed all February actions were completed.</p>	
<p>c. March actions listed R9 and WSO contributions to be sent, Lisa confirmed this had not been actioned. Group agreed to send £250 to both as this was half the agreed budget. Further contributions could be reviewed in September as per the calendar, in line with the budget and financial situation.</p>	<p><b>Lisa</b> – to send WSO and R9 contributions</p>
<p>d. Sandra highlighted there had been a historic arrangement where R9 sent their WSO contributions via OAGB Literature service; it was not understood why. Sandra agreed to confirm with the R9 treasurer that this should not continue as created extra work and accounting queries.</p>	<p><b>Sandra</b> – to follow up with R9 Treasurer</p>
<p>e. The group reviewed the April calendar actions. It was agreed points a) Review OAGB Bylaws, resolutions and policies, b) Discuss WSBC Bylaws and motions, and c) review mileage allowance, had all been completed. Point d) Hold an OAGB group conscience was reviewed across the last two meetings but there could be further discussions under AOB today. Laura confirmed point e) Review Communications with the IG chairs had been in bold on the original calendar document, but it was unknown why and there was some dubiety about what the point actually meant. A previous OAGB chair had confirmed Sandra's understanding that it was to review how communications throughout the year so far had been between OAGB and the various IGs in case there was anything to discuss at the Chairs meeting or any IG needed to be contacted. It was agreed there had been a good level of contact from all groups and no one was aware</p>	<p><b>Laura</b> – Updating wording and remove bold from Company calendar point e)</p>

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of any issues, so no further action felt required at this time, but would allow IG chairs to feedback at the next meeting.	
f. Sandra confirmed f) had been discussed today and was on track to be completed by end of April, in line with the deadline of 25 <sup>th</sup> May.	
<b>21. Any other business</b> a. Non-OA Board Members - Catherine led the group in a discussion about the possibility of non-OA members joining the OAGB board, exploring the experience that could be shared from other fellowships. Sandra confirmed it does allow for this in the Bylaws but there is no clear guidance on how members of this type are elected. The group agreed further exploration of this would be helpful to understand how it can work.	<b>Catherine</b> – to investigate non-OA NSB members and bring back to the group
b. Laura highlighted a recent email from another fellowship looking to connect with OA members in their area for a recovery event. Lisa confirmed this was her local area so agreed to link in with the IG.	<b>Lisa</b> – to follow up with her local IG on a recent contact from another fellowship
c. OAGB Group conscience - Sandra highlighted the group had reviewed their ways of working at previous meetings but wanted to review how they could connect as a team more often. The group discussed options such as Zoom video calls and audio calls, and when a good time slot would be. It was agreed to trial an additional board call which would mean a call every fortnight. The first one would be a trial using Zoom, to be held on Sunday 6 <sup>th</sup> May at 6.30pm. Laura to set up and invite everyone.	<b>Laura</b> – to set up Zoom call for Sunday 6 <sup>th</sup> May.
<b>Meeting closed with the serenity prayer</b>	
The next meeting will be held on Saturday 16 <sup>th</sup> June 2018 in Manchester	

## Appendix A - WSBC motions (point 12 in minutes)

All the 'admin' motions from the list have been removed as we discussed at the last meeting that we were in favour of them being voted on and passed.

For information items P, Q, R – Add Meditation, Physical Activity and Prayer as Tools of the OA programme] These motions did not get enough support to be included on the agenda so will not be discussed.

E – To disband the Web/Technology Conference Committee – rationale being to save money on meeting rooms, to streamline the number of committees and because projects have not been completed

We voted yes to including this on the agenda

Yes – 1 No – 2 Abstention – 1

7 – To disband the Finance Committee at WSBC, and just have the Finance Committee on the Board of Trustees

Yes – 1 No – 1 Abstention - 2

We voted no to including this on the agenda

The success depends on who is on a committee from year to year, not a rationale to remove

Perhaps committees shouldn't be compulsory to help with this issue.

Let things fall away if they don't work out?

J, K, L – To change the day that we celebrate Unity Day, IDEA Day and Sponsorship Day so that they alternate between Saturday and Sunday. This allows those of various faiths to have equal opportunity to join in celebrations.

We voted no to including this on the agenda

As it stands – Yes – 0 No – 2 Abstention – 2

As weekend – Yes – 1 – No – 0 Abstention - 3

A – To direct the Board of Trustees to investigate how to improve and expand our online presence, including but not limited to improving the website, adding a geolocator to the Find a Meeting page and developing a Find a Meeting app.

We voted yes to including this on the agenda.

Yes – 4 No - 0

B – Adopt a statement that OA has no opinion on bariatric surgery

We voted no to including this on the agenda

Yes – 0 No – 4

S – Eliminate the copyright restrictions on sharing readings from For Today between members of the Fellowship

We voted no to including this on the agenda

Yes – 0 No – 3 Abstention - 1

O – Amend the policy defining a 'Closed' group to specify that newcomers are welcome to attend.

We voted yes to including this on the agenda

Yes – 4

There are a number of amendments about making changes to the OA service structure. Number 1, 2, 3 and 5 are proposed by the Board of Trustees and want to remove virtual Service Boards and have virtual meetings work within the group/Intergroup/Region structure. 4 and 6 are written by OA members involved with the setting up of a Spanish-speaking Virtual Service Board, who want to retain the ability for virtual groups to form Service Boards, which would not be able to exist within the new structure proposed by the Trustees.

*Note: These motions have already all been forwarded to the reference committee for discussion.*

1 – To add wording to definition of a group that states a group may only affiliate with one Intergroup or service board although it may participate in the activities of other IGs/SBs  
We voted no to including this on the agenda

2 – To change the definition of an Intergroup to:

- Rename virtual service boards as virtual Intergroups
- Introduce the term 'land-based' Intergroups to differentiate between the two types
- State that land-based IGs are composed primarily of groups in its region or in geographical proximity, and virtual IGs composed primarily of virtual meetings.
- State that with permission, land-based groups may affiliate with virtual IGs and vice versa

We voted no to including this on the agenda

3 – To create a Virtual region, so that the service structure for virtual groups matches that of 'land-based' groups (group, Intergroup, Region)

We voted no to including this on the agenda

4 – Allow language service boards to choose which Region they would like to affiliate with, or not to affiliate with a Region

We voted no to including this on the agenda

5 – Change description of a service board so that virtual is no longer included, and the only service boards that exist are NSBs and Language Service Boards serving 'land-based' groups

We voted no to including this on the agenda

6 – To allow language based virtual service bodies to be created, which could affiliate with an NSB that speaks that language, even if the virtual groups come from other countries (eg having a virtual service board for Spanish speaking meetings that affiliates with the NSB of Spain even though it may have groups within it that are based in S America)

We voted no to including this on the agenda

No vote taken on any of the above points in relation to OA service structure, unclear as to best course of action, trust delegate to listen and judge

8 – To amend the requirements for becoming a Trustee so that all the requirements (eg abstinence, service above group level) need to be met at the time of completing the application form, but the requirement for having been in OA for 7 years only needs to be met by the date of the WSBC.

We voted no to including this on the agenda

**MINUTES of the SATURDAY 14<sup>th</sup> APRIL 2018 QUARTERLY MEETING of  
OVEREATERS ANONYMOUS GREAT BRITAIN (The National Service Board of OA in Great Britain)  
held at Quaker Meeting House, 38 Elmbank Road, Glasgow, G2 4PS**

Yes – 0 No 1 Abstain 3

9 – To amend the Steps and Traditions which refer to God in gender-specific language to give an alternative gender-neutral wording eg

7) Humbly asked Him to remove our shortcomings.

OR

7) Humbly asked God to remove our shortcomings.

We voted no to including this on the agenda

Yes – 1 No – 3

Possible amendment – they/them

It/them/they – Yes – 2 No – 2

Do not put amendment forward, trust the process, see what emerges.