**BOARD UPDATES NSB 30.1.16**

**WE’RE IN TRANSITION**

**Welcome to the latest news from the National Service Board of OAGB**

Were you one of the members at National Assembly asking for Board processes to be more accessible? As a result, this Board Updates format is replacing the old Board News, on a trial basis.

Too much reading all at once? Just go to oagb.org.uk>NSB>NSB Downloads, and read it a bit at a time… Let us know what you think?

Your feedback is welcome: get in touch at secretary@oagb.org.uk

**BOARD MEETINGS THIS YEAR**:

Saturdays 30th January, 9th April, 18th June, and 27th August, all in central Birmingham, and Sunday 16th October at National Assembly in Glasgow. Time: 10 for 10.30am-4pm

**BOARD BASICS**

Your NSB members are:

Linda: Chair: [chair@oagb.org.uk](mailto:chair@oagb.org.uk)

Elena: Treasurer, Company Secretary and

WSBC Rep: [treasurer@oabg.org.uk](mailto:treasurer@oabg.org.uk)

Alan: Literature Liaison: [literature@oagb.org.uk](mailto:literature@oagb.org.uk)

Rachel: Communications and Region 9 Rep:

[communications@oagb.org](mailto:communications@oagb.org).uk

Hilary: Secretary: [secretary@oagb.org.uk](mailto:secretary@oagb.org.uk)

**Visitors are welcome**

Come and see for yourself what goes on?

The venue is **St Luke’s Church Centre, Great Colmore Street, Birmingham B5 2AT**

If you think you might stand for the Board in future, or you are just interested, it’s a good opportunity to find out more. (You do need to pay all your own travel expenses.) Please notify the Chair in good time before coming: we may need to book a larger room

**January Business** One item for the Board meeting every January is to approve the renewal of the **Literature** **Service insurance policy.** The policy covers four premises, stock, and Literature Service personnel. The insurance document itself is a marathon read of numerous pages of dense small print. A big thank you to Alan who negotiated a significant reduction in the premium. The policy was approved.

**New Literature Service Stock** Right now this includes the new **Taste of Lifeline**, and **Overeaters Anonymous 3rd edition** with new stories. There are also the very nice refillable pens with **One day a time** on the side and a stylus on the end; **OAGB Step** **10 Journals** and **matching notebooks,** and there may also be new **Action Packs** in the pipeline... how exciting!

Board decisions – especially about money – are studied and approved by all Board members.

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***Where I am today:*** *Hi, I am Alan a compulsive overeater and I wanted to thank those who voted for me to help serve you as the new Literature Liaison officer. My Higher Power always knows what’s best for me and I felt called to continue to give service after my home Intergroup closed. I had considered helping at NSB level for years but always doubted my abilities and felt I “wasn't good enough” or “recovered enough”. However, the other NSB members are so supportive and actually it’s not so different from Intergroup work, yes we cover a wider area but otherwise it isn't as scary as I thought. I do occasionally get a little overwhelmed at times. But a quick prayer to my HP tells me all will be fine. There are an amazing group of people who all help keep the literature service going, and huge thanks goes to them for all they do, I couldn't do this without them.*