



Great Britain

The National Service Board of Overeaters Anonymous in
Great Britain invites you to the
25th National Assembly & Convention

Hosted by Caledonian Intergroup in Glasgow

Theme: "I Put My Hand in Yours"

Friday 8th – Sunday 10th October 2010

The Golden Jubilee Hotel Beardmore, Clydebank, Glasgow, G81 4SA

Tel: 0141 951 6006 Fax: 0141 951 6018 www.thebeardmore.com

Reservations by phone only (Mon-Fri 9-5pm), quoting OA National Assembly

Convention General Enquiries:

Tel: Belle 01236 825 507 Email: belleoaoutreach@tiscali.co.uk

GENERAL INFORMATION

Meals: For specialist requirements please contact the hotel directly when booking where the chef will try, within reason, to accommodate. *N.B. You cannot eat your own food in the hotel*

Hotel: The Beardmore is a non-smoking hotel. It has a four star rating and excellent facilities available for residential guests to use.

Rail: Low level train from Glasgow to Dalmuir Station approx 20 mins then 10 min walk (map on website)

Bus: Nos: 66,204,205,215,216 from Glasgow city centre to Dumbarton Road

Air: Glasgow International Airport is at J28a M8. A 15 min drive to the hotel via M8/ M89

Car: Linked to all major roads / motorways – Exit M8 J30, M898 into A898, then A814 then Dumbarton Rd

Courtesy Transfer: To and from Glasgow International Airport must be booked with hotel 14 days in advance, and is available only for residential delegates

Check In: After 3:00pm and Check out is before Noon, luggage can be left with concierge

Hotel Cancellations/ No Shows: Must inform hotel 72 hours prior or will be charged in full

NSB AGM: On Sunday 9:30 – 4pm for current and newly elected board members. Visitors welcome

National Assembly and Convention 2010

“I Put My Hand in Yours” Timetable and Registration

<p>Friday 8th Oct: Registration from 4pm, 5:30 – 7pm Dinner 7-8:30pm Workshop on Literature and Finance 8:30-9pm Parliamentary Procedures 9:15pm OA Meeting</p> <p>Sunday 10th Oct: Registration from 8:30 9:30-12:30 Convention</p>	<p>Saturday 9th Oct: Registration from 8am 8:45-9:45am Workshop on Public Info / 12th Step Within 10-10:30am Assembly Orientation Session 10:30 PROMPT– 12:45 National Assembly Session A 12:45- 1:45pm Lunch 2pm PROMPT – 5pm National Assembly Session B Dinner time to be confirmed OA Meetings in evening time to be confirmed</p>
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WHAT YOU NEED TO DO:

Option 1: Residential Full Weekend: £179 plus £20 registration

(£179 includes: 2 nights dinner, bed & breakfast, lunches on Sat & Sun, all tea breaks, full access to leisure facilities, courtesy airport transfer, hotel provision of rooms /equipment for assembly and convention.)

- Ring the hotel on 0141 951 6006 and pay non-returnable deposit of £25 to secure your room and pay the balance when leaving hotel.
- Fill out the OAGB booking form and send to address on it and enclose cheque payable to “Caledonian Intergroup” for £20 for your registration fee for Assembly and Convention

Option 2: Non-Residential Full Weekend: £40 plus £20 registration

(£40 includes: Lunches on Sat and Sun, all tea breaks, hotel provision of rooms /equipment for assembly and convention.) **Non refundable. MUST BE BOOKED IN ADVANCE**

- Fill out the OAGB booking form and send to address on it and enclose cheque payable to “Caledonian Intergroup” for £60 for your registration fee for Assembly and Convention and for the meals etc at the hotel. There is no need to ring the hotel as Caledonian will liaise on your behalf

Option 3: One Day Visitor for Sat Assembly OR Sun Convention: £5 plus £10 registration

(£5 includes: hotel provision of rooms /equipment for assembly and convention.)

- Fill out the OAGB booking form and send to address on it and enclose cheque payable to “Caledonian Intergroup” for £15 for your registration fee for Assembly and Convention and for the £5 contribution for the hotel assembly facilities. There is no need to ring the hotel as Caledonian will liaise on your behalf. You can purchase food/beverages in hotel but can’t bring your own food.

Please detach, print clearly in **CAPS** and send off with your cheque to: Christine Stevenson, 36 Logan Drive, Troon, KA10 6PW (no receipts given) Registration Enquiries: chris9996uk@yahoo.co.uk 07752 057 163

First Name:Surname.....

Delegate for which OA Group / Intergroup (if applicable):.....

Address:

.....Postcode.....

Tel No:Email:.....

Please Tick: Option 1: £20 enclosed Op 2: £60 enc. Op 3 £15 enc.