



Great Britain

Welcome to Board News

Welcome to the newsletter which is issued after each meeting of the National Service Board of OA in Great Britain, to let you know what we do and to encourage communication and service. Here's an update from our EGM & IG Chair's meeting.

Intergroup Chairs

The Chairs of OA Intergroups from around the country joined the NSB at our last meeting, thank you to them for taking the time to travel to London and participate in the meeting.

Work All 12 Steps in a Weekend – Fri 29-Sun 31 October 2010

Here's your chance to work all 12 Steps in one weekend this October. This weekend workshop will run from Friday 29 – Sunday 31 October 2010 at the University of East Anglia, Norwich. The weekend will be facilitated by experienced OA members. Places are still available and there is some funding available from OAGB to help OA members, who cannot afford the full cost to attend, and this will be considered on a first come basis.

> *If you'd like to receive more information or to book your place please email Maureen on public.information@oagb.org.uk*

Public Information campaign

You may now know that we launched our national PI campaign back in June and are working with a PR firm and already have had a number of enquiries from magazines and been featured in Chat magazine and the Mail on Sunday.

PI Database

To enable us to respond to national PI requests, Maureen is putting together a PI database of willing volunteers to do interviews and/or serving on PI panels. Because of the high profile nature of these requests we are asking members fulfil the following qualifications... Min of 1yr continuous abstinence (by own definition), have worked all 12 Steps, have a working knowledge of the 12 Traditions and be at or working towards a healthy weight.

> *If you'd like to volunteer contact Maureen on public.information@oagb.org.uk*

National Assembly 2010 update

Keeping you updated on the National Assembly this year in Glasgow.

New: National Assembly workshops

On the Friday evening, NSB Officers will be running 2x45 minute sessions of workshops alongside our Parliamentarian workshop. These will be 'Literature & Finance', and 'Public Information & Twelfth Step Within'.

Sunday Convention

The Convention will run alongside the Board's AGM on the Sunday. Visitors are most welcome to attend the Board's AGM.

Delegate assistance fund

OAGB have a Delegate Assistance fund and will fund up to 2/3rds of the total cost with a maximum figure of £200 per application with a maximum total figure of £2000.

> *To apply for this fund, please contact John treasurer@oagb.org.uk*

National Assembly bids for 2011

Just to confirm that **any** intergroup can bid at this year's NA to host the NA in 2011.

> *If you need any help with the process please contact Joanna (chair@oagb.org.uk)*

August 2010

OAGB

www.oagb.org.uk

NSB Officers

Joanna (*Chair*)

Kate (*Secretary*)

John (*Treasurer/Co Sec*)

Sam (*Literature Liaison*)

Belle (*Communications*)

Maureen (*PI: Media*)

Mel (*PI: Groups & Intergroups*)

Marianne (*Website*)

National Assembly 2010

Fri 8 – Sun 10 October 2010

Hosted by Caledonian Intergroup at the Golden Jubilee Hotel, Clydebank, Glasgow, Scotland.

- AGM; Sun 10 October

OAGB Email Distribution List

Have you signed up to receive all the latest OAGB information and event news?

To sign up send an email to email.list@oagb.org.uk & ask to be added to the list.

50 not out in 2010!

Celebrations will be taking place throughout 2010 to celebrate OA being 50 years young. 50 not out in 2010!

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public.information@oagb.org.uk

Cont'd over...

Overeaters Anonymous Great Britain

A Registered Charity No. 1059240. Company Limited by guarantee Registration No. 3266580 England

Registered Office: 483 Green Lanes, London N13 4BS

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Great Britain

Our OAGB finances

John presented the Board with a very clear statement of our current financial position.

Contributions along the chain

This year we have been able to make one off payments to WSO of £10,000 and Region 9 of £2,000, and we have increased our quarterly standing orders over the next 2 years to WSO to £250/quarter and to Region 9 to £500/quarter.

Thank you to all our groups and intergroups for your contributions to date.

Update

This year we've also been able to set aside money for the National Assembly Delegate Fund (£2,000) the Public Information campaign (£5,000) and a fund for the 12 Steps in a weekend Workshop in October.

World Service Business Conference 2010

Our WSBC Delegate, Melanie will be uploading her report soon to the website www.oagb.org.uk. Here are a couple of updates from the conference...

Twelfth Step Within Speakers List

There is now a list of speakers who could attend, speak and strengthen recovery at meetings, special events or retreats. If you need a speaker email your request to WSO using this online form (<http://www.oa.org/contact.php>)

Twelfth Step Within handbook

This has now been expanded and updated and is currently on sale, and includes TSW suggestions for individuals, groups and service bodies.

OAGB Website

Meeting changes. Just a reminder that to change your meeting information on the OAGB website, please amend the WSO meeting database on the WSO website at <https://www.oa.org/meetings/change-form.php> These changes will then automatically appear on our OAGB website.

WordPress templates. There are now 2 pre-built WordPress templates available from WSO for service bodies to use as their websites without having to build one from scratch. See <http://www.oa.org/services-for-members/service-body/web-site-templates.php>

Have you considered standing for the Board this year?

Here's an opportunity to work with a group of people who are really serious about recovery and the chance to make a real difference. You'll need to have over one year's current abstinence (*by your own definition*), have 2 years service above group level and work the Steps and Traditions. We currently have 7 Board members and 1 co-opted Board member and with between 2 and 5 due to stand down at this year's Assembly we require 5 members to legally function. So if you are interested why not contact your IG Chair? You'll need to be put forward by your local intergroup for elections at the National Assembly.

> *If you just want further information, please contact Joanna (chair@oagb.org.uk)*

And finally...

On behalf of the National Service Board we'd like to wish you a wonderful rest of the summer and we look forward to seeing you in Glasgow in October.

August 2010

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